

# TAFARN PENCEI

## MENU



### Small Plates

#### MUSSELS 9.5

In garlic and white wine cream with half a baguette

#### HOMEMADE ROSEMARY FOCACCIA 7

With olives, balsamic and olive oil (vg)

#### WELSH RAREBIT 8

On crumpets with pickled onion (v)

#### HONEY & JACK DANIEL'S BBQ CHICKEN WINGS 8.5

With spring onion and fresh chillies

#### SPICY MANGO & LEMONGRASS PRAWNS 10.5

With crostini, spring onion and chillies

#### CRISPY BATTERED MUSHROOM AND VEGETABLE SAUTÉ 7

Served with garlic mayo (vg)



### Mains

#### FISH & CHIPS 16.5

Fresh battered haddock, chips, mushy peas and tartare sauce  
(Vegan option - banana blossom)

#### CURRY OF THE DAY 16

Homemade curry of the day served with rice and fries. Please speak to a team member for today's curry  
(Vegan option - Kerala cauliflower and red pepper)

#### PIE OF THE DAY 16.5

Pie of the day served with chunky chips, seasonal vegetables and gravy

#### GRILLED CHICKEN FLATBREAD 16.5

Served with skinny fries, salad garnish, garlic yoghurt and chillies

#### 100Z SIRLOIN STEAK 28

Served with chips, mushroom and tomato

#### SCAMPI & CHIPS 17.5

Chunky chips, mushy/garden peas, tartare sauce and a salad garnish

#### RED PESTO ORZO 12

With spinach, asparagus and parmesan (v)  
+ Prawns 5 or chicken 3

#### SAUCES 2.5 EACH

Peppercorn • Creamy Dijon • Diane • Gravy • Curry sauce



### Burgers

All served with fries and pickled selection (gherkins, carrot, onion, jalapeños)

Add Cheese +£1 / Add Bacon +£1.5

#### CHICKEN BURGER 16

Hand coated chicken, piri piri mayo, tomato, red onion and gem lettuce on a pretzel bun

#### CLASSIC SMASH BURGER 16

Two handmade pure beef patties with fried onion, burger sauce, gem lettuce and tomato on a pretzel bun

#### VEGAN BURGER 15.5

Vegan patty, piri piri mayo, gem lettuce, tomato and red onion on a pretzel bun (vg)

#### SEAFOOD BURGER 16.5

Handmade haddock and prawn patties with a Thai red curry kick, Japanese breadcrumb, gem lettuce and tartare sauce

#### LAMB KOFTA SUB 15.5

Homemade lamb kofta, gem lettuce and piri piri mayo in a bread roll



### Sides

#### GARLIC BREAD 5

#### CHEESY GARLIC BREAD 6

#### MAC & CHEESE CROQUETTES 6.5

#### CHUNKY CHIPS 5

#### SKINNY FRIES 5

#### ONION RINGS 5

#### SIDE SALAD 5

### Kids

#### I DON'T KNOW.. 8.5

Burger and fries

#### I DON'T CARE.. 8.5

Chicken pieces and fries, with peas or beans

#### I'M NOT HUNGRY.. 8.5

Macaroni and tomato sauce with grated cheese (v)

#### WHATEVER.. 8.5

Fish and chips with peas or beans

#### YES PLEASE! 5.5

Scoop of ice cream with chocolate, caramel or strawberry sauce, chocolate flake and sprinkles

### Desserts

#### SALTED CARAMEL BROWNIE 8.5

Two brownies served with vanilla ice cream and chocolate sauce (vg)

#### BELGIAN WAFFLE 8

With vanilla ice cream, homemade chocolate mousse and berries

#### TROPICAL ETON MESS 8

Crushed meringue, fresh whipped cream, homemade mango & passionfruit coulis and fresh berries

#### TRIO OF SORBET 6.5

#### ICE CREAM- £2.5 A SCOOP

Allergies and intolerances - some of our menus items contain nuts, gluten and other allergens. Due to our cooking environment there is a risk that traces of these may be in any other dish or food. We do understand the dangers of those with severe allergies, so advise you please to speak to a team member who may be able to help you make an alternative choice when ordering food and drink.

v - vegetarian / vg - vegan



# TAFARN PENCEI

## BWYDLEN



### Platau Bach

#### CREGYN GLEISION 9.5

Mewn hufen garlleg a gwin gwyn gyda bara surdoes wedi'i dostio

#### FOCACCIA RHOSMARI CARTREF 7

Gyda olewydd, balsamico ac olew olewydd (vg)

#### CAWS POBI 8

Ar crympedi gyda nionyn wedi'i piclo (v)

#### ADENYDD CYW IÂR BARBECIW MÊL A

##### JACK DANIEL'S 8.5

Gyda nionyn gwanwyn a tsili

#### CORGIWMYCHIAID MANGO SBEISLYD A

##### LEMWNWELLT 10.5

Gyda chrostini, nionyn gwanwyn a tsili

#### MADARCH MEWN CYTEW CRENSIOG A

##### SAUTÉ LLYSIAU 7

Wedi'i weini gyda mayonnaise garlleg (vg)



### Prif Gyrsiau

#### PYSGODYN & SGLODION 16.5

Hadog ffres wedi'i gytew, sglodion, pys stwnsh a saws tartar  
(Opswn fegan - banana blossom)

#### PEI Y DIWRNOD 16.5

Pei y dydd wedi'i weini gyda sglodion bras, llyisiau tymhorol a grefi

#### CYRI Y DIWRNOD 16

Cyri cartref y dydd wedi'i weini gyda reis a sglodion. Siaradwch ag aelod o'r tîm am gyri heddiw  
(Dewis fegan - blodffresych a phupur coch Kerala)

#### SGAMPI & SGLODION 17.5

Sglodion bras, pys stwnsh/garidd, saws tartar a garnais salad

#### CYW IÂR WEDI'I GRILIO & BARA FFLAT 16.5

Wedi'i weini gyda sglodion tenau, garnais salad, iogwrt garlleg a tsilis

#### ORZO PESTO COCH 12

Gyda sbigoglys, asbaragws a parmesan (v)  
+ Corgimychiaid 5 neu gyw iâr 3

#### STEC SYRLWYN 100Z 28

Wedi'i weini gyda sglodion, madarch a thomato

#### SAWSIAU 2.5 YR UN

Saws pupur • Dijon hufennog • Diane • Grefi • Saws Cyri



### Byrgyrs

Gweinir y cyfan gyda sglodion a gweinir y cyfan gyda sglodion a detholiad o bethau wedi'u piclo (gherkins, moron, nionyn, jalapeños)

Ychwanegu Caws +£1 / Ychwanegu Bacwn +£1.5

#### BYRGYR CYW IÂR 16

Cyw iâr wedi'i orchuddio â llaw, mayo piri piri, tomato, nionyn coch a letys gem ar fynsen pretzel

#### BYRGYR SMASH CLASUROL 16

Dau batis cig eidion pur wedi'u gwneud â llaw gyda nionyn wedi'i ffrio, saws byrgyr, letys gem a thomato ar fynsen pretzel

#### BYRGYR LLYSIEUOL 15.5

Pati fegan, mayo piri piri, letys gem, tomato a nionyn coch ar fynsen pretzel (llysieuol)

#### BYRGYR BWYD MÔR 16.5

Patis hadog a corgimwch wedi'u gwneud â llaw gyda chic cyri coch Thai, briwsion bara Japaneaidd, letys, moron wedi'u piclo a saws tartar

#### SUB KOFTA CIG OEN 15.5

Kofta cig oen cartref, letys gem a piri piri mayo



### Ar yr ochr

#### BARA GARLLEG 5

#### BARA GARLLEG CAWSLYD 6

#### CROCEDI MAC A CHAWS 6.5

#### SGLODION BRAS 5

#### SGLODION TENAU 5

#### CYLCHOEDD NIONYN 5

#### SALAD OCHR 5

### Plant

#### DWI'M YN GWYBOD.. 8.5

Byrgyr a sglodion

#### DIM OTS GAN FI.. 8.5

Darnau cyw iâr a sglodion, gyda phys neu ffa

#### DWI'M YN LLWGLYD.. 8.5

Macaroni, saws tomato a caws (v)

#### BE BYNNAG.. 8.5

Pysgod a sglodion gyda phys neu ffa

#### IA, OS GWELWCH YN DDA! 5.5

Sgŵp o hufen iâ gyda saws siocled, caramel neu fefus, naddion siocled a sbringiau bach

### Pwdinau

#### BROWNIE CARAMEL HALT 8.5

Dau brownie wedi'i weini gyda hufen iâ fanila a saws siocled (vg)

#### WAFFL GWLAD BELG 8

With vanilla ice cream, homemade chocolate mousse and berries

#### TROPICAL ETON MESS 8

Mereng wedi'i falu, hufen chwip ffres, coulis mango a ffrwyth angerdd cartref ac aeron ffres

#### TRIAWD O SORBET 6.5

#### HUFEN IÂ - £2.5 Y SGŴP

Alergeddau ac anoddefiadau - mae rhai o eitemau ein bwydlen yn cynnwys cnau, glwten ac alergenau eraill. Oherwydd ein hamgylchedd coginio mae risg y gallai allion o'r rhain fod mewn unrhyw ddysgl neu fwyd arall. Rydym yn deall peryglon y rhai sydd ag alergeddau difrifol, felly rydym yn eich cynghori i siarad ag aelod o'r tîm a allai eich helpu i wneud dewis arall wrth archebu bwyd a diod.

v - llysieuol / vg - fegan

